



Hair Loss

Hair Loss does not occur with every treatment regimen. If hair loss is expected with your treatment there are some resources in the community that may be helpful.

Cold Cap Therapy

This is the only proven therapy currently available to our patients as a means to prevent chemotherapy induced hair loss. It requires you place ice packed head gear to your scalp just prior to each infusion and maintain scalp cooling for up to 8 hours each time you receive chemotherapy.

IT IS NOT COVERED BY INSURANCE AND MUST BE ARRANGED BY YOU. PLEASE NOTIFY US IMMEDIATELY WHEN YOU ARRANGE IT.

Local service options include but may not be limited to:

Penguin Cold Cap (Penguincoldcaps.com): Local Representatives

Michael Solomon

310-570-2177

michaelsolomon@penguincoldcaps.com

Christian Ruiz de Loreto

714-486-9875

christianruizdeloreto@gmail.com

Other resources that may be an option:

Amma (portable scalp cooling system by Cooler Heads)

Coolerheads.com

Customer@coolerheads.com

Chemo Cold Caps

Chemocoldcaps.com

800-290-7196

If you are not able to undergo cold cap therapy, we recommend very soft caps or wigs to protect your scalp from sun damage and to help preserve your body heat, particularly a soft cap to sleep in at night.

Some local resources are:

The Brighter Side

5535 Cancha de Golf, Suite 101

Rancho Santa Fe, CA 92091

858-759-6325

Hair Unlimited

1400 Camino De La Reina, Suite 110

San Diego, CA 92108

619-299-6060

A Greater Hope

2423 Camino Del Rio South, #115

San Diego, CA 92108

619-294-3436